

# MalcolmGunter

FOUNDATION

Despite the challenging times, we have raised a further **£80,000** over the last two years, which now brings the total raised since 2018 to an amazing

**£160,000**

Another

**BIG Thank You!**

To everyone who has supported MGF in 2020-21

Lots of fantastic donations, far too numerous to mention here, have been pledged over the last two years from friends & colleagues who have been touched by Malcolm's story. We'd like to take this opportunity to thank all those who have undertaken challenges of their own, contributed to Corporate Donations, Christmas Raffles and the like. Your generosity has been overwhelming.



Bristol Property Agents Association



Industrial Agents Society



MND Association



Women in Property

Malcolm Gunter Foundation continues its commitment to:



MGF Trustee,  
John Siman  
reports...

As you will recall The Foundation has a long term partnership with MND Association to fund their local Life Grants Programme in and around Bristol and Somerset and I was delighted to recently meet their local co-ordinator Helen Mackie and to take part in their national showcase event. Over the past 18 months since the partnership with MNDA started formally The Foundation has directly assisted 35 plwMND (People Living with MND) and their families helping to make a real difference to their quality of life particularly in areas where statutory care is unable to respond quick enough.



We have also pledged another **£10,000** to this

wonderful charity who looked after Malcolm & his family and many others affected by MND.

## Just two of the people MGF has directly helped this past year...



"I wanted to see a private nutritionist and I had a support grant from the MND Association to help with the cost of that. I'm still working with the nutritionist now, she's amazing and in my corner. Quality of life is very subjective, and because of that, the MND Association Quality of Life grant has the flexibility to respond to what different people feel will improve their situation".



"I was having some muscle pain in my arm, so I asked for a referral for a massage through my palliative care team, but due to covid they weren't doing things like that. Gill (my Association Visitor) helped me apply for a grant from the MND Association to pay for a massage to help with the pain. The massage is amazing, it supports what muscle I've got left"

### Other beneficiaries

Occasionally, we have received direct & indirect approaches from local people living with MND and have been deeply touched by their individual stories. It has therefore been a privilege to make small but meaningful ad hoc donations to help in any way we can and would like to extend this invitation to anyone you know who might benefit from financial assistance from the Foundation.

## And in Other News

Bath Half Marathon 29th May

### In it for the long run

MGF Trustees Matt and Olly, Malcolm's wife Penny and several good friends will be participating in the Bath Half Marathon on Sunday 29th May 2022 in aid of the MGF. Please look out for fundraising posts shortly and feel free to come along and offer your support. Who knows, there might be a free drink on offer!



On 11th May, thanks to the generosity of CABI Clothing, the US fashion brand, with whom Penny, Malcolm's wife is a personal stylist, the Foundation are delighted to support a CABI Fashion Charity Day. Over 10 CABI stylists from across the UK will be giving 40 plus specially invited guests and their families, all of whom will have been in some way affected by MND, the chance of a free wardrobe makeover and to leave with several new outfits. Penny says, "At CABI we are so pleased to be able to reward all the wonderful volunteers and carers who so selflessly try to make the lives of those living with MND just a little bit better and to say a really BIG thank you"

A client of Malcolm has commissioned two road signs to be erected adjacent to their new premises in Avonmouth. Pat Wood of Truffle Shuffle said "I wasn't sure how much of an accolade a road in Avonmouth would be, but as Andrew [Hardwick] said, Malc's family called it his spiritual home and it was on these previously unnamed roads that I met with Malc for the last time, Andrew feeding him tea through a straw from a Little Miss Princess mug I'd found for him! Malc helped us buy the land in June 2016 and we finished the build just in time for him to see our vision come to life... a vision that Malc was instrumental in realising with us – we had no prior experience in property and even when he could hardly move, Malc was still regularly taking the Hardwick taxi to Avonmouth to check in on progress of my family's life savings. What a total legend."



To find out more or if you would like to make a donation, please visit: [www.malcfoundation.co.uk](http://www.malcfoundation.co.uk)